

FUTURE HUMANS TRILOGY

Book 2: The Cosmic Architect Tools of Our Future Becoming

Return of the Avatars



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Narrated by Ariane Barnes



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Future Humans Trilogy

Book 2—Return of the Avatars: The Cosmic Architect Tools of Our Future Becoming

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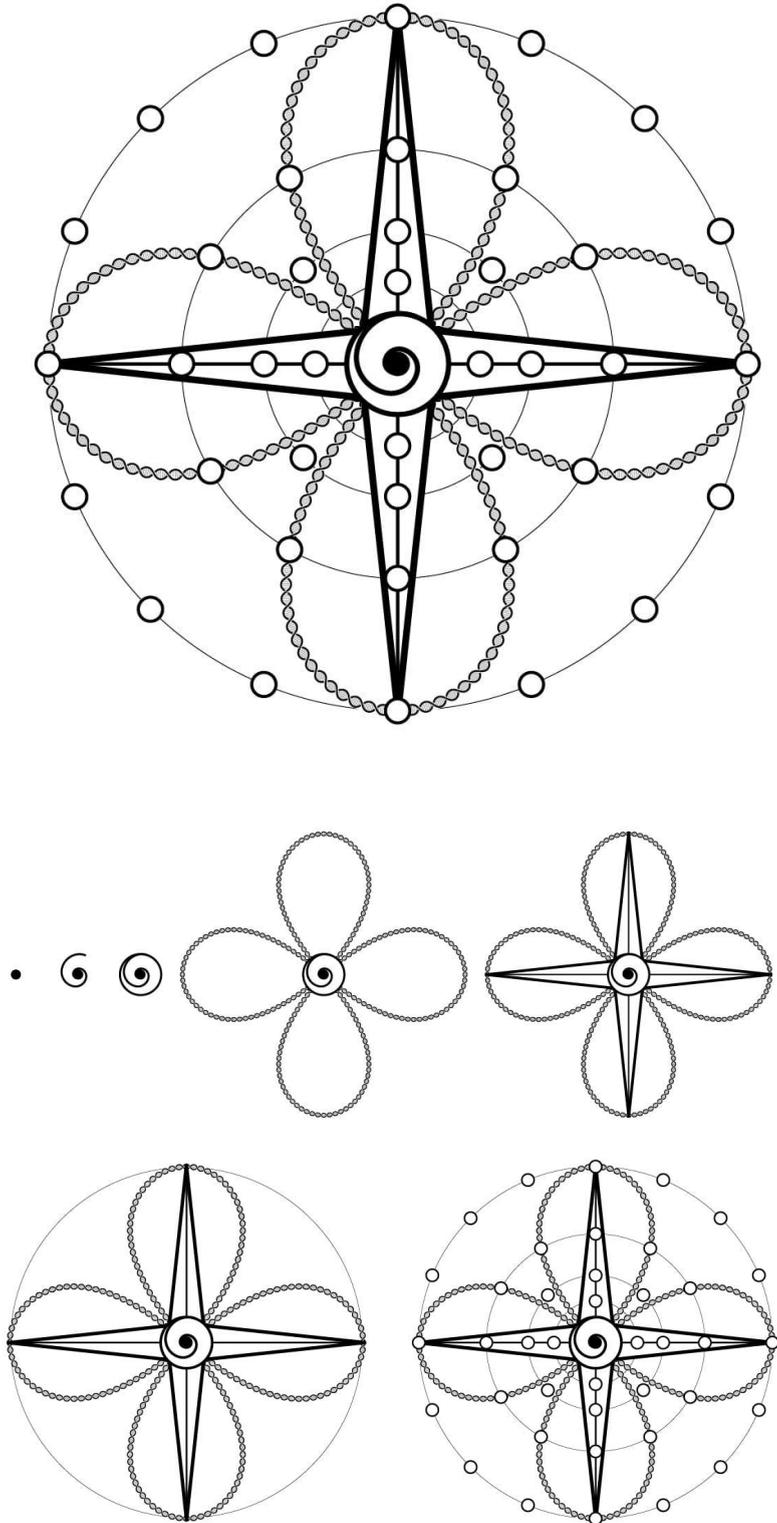
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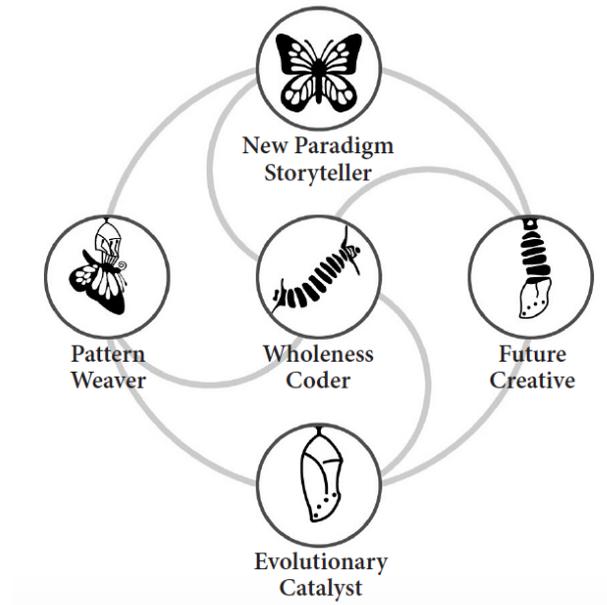
ILLUSTRATIONS

The Cosmic Compass Design by Anneloes Smitsman



The 5 Future Archetypes by Anneloes Smitsman

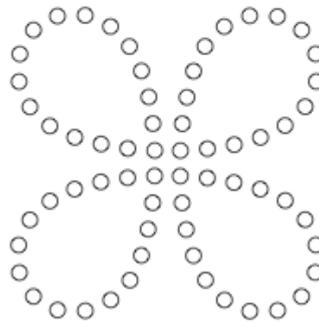
The 5 Future Archetypes are briefly mentioned in *Return of the Avatars*, and explained in depth in book 1, *The Quest of Rose*. We've included a brief summary here below as a refresher, or as further context in case you didn't (yet) read or listen to book 1.



The Actualization Process with the 5 Future Archetypes

Wholeness Coder		Activating your future potentials through conscious choice
Future Creative		Engaging your future possibilities through your imaginal powers
Evolutionary Catalyst		Developing your future capacities & transitioning to the new systems
Pattern Weaver		Embodying the future states & entering into emergence
New Paradigm Storyteller		Actualizing the future potentials by being the new realities

The Toroidal Butterfly Pattern



The 5 Stages of the Actualization Process with the Future Archetypes

The Cosmic butterfly is the Source archetype of the five future archetypes. Call upon this archetype anytime you need support in your self-actualization and to discover how to become your destiny. The brief summary below supports as a visual reminder of the process that has been described in chapter 8 of *The Quest of Rose*:

1. **STAGE 1—Future Potential:** Wholeness Coder archetype. Code consciousness. For entering into the consciousness states of our future human choices, which activate the future potentials within us. *The Key of Conscious Choice.*
2. **STAGE 2—Future Possibility:** Future Creative archetype. Imaginal consciousness. For opening the inner portals to the imaginal realm of the Cosmos from where we can experience and engage the future possibilities of the unified field of consciousness. Engagement of our future possibilities through new ideas, intentions, visions, desires. *The Key of Imaginal Power.*
3. **STAGE 3—Future Capacities:** Evolutionary Catalyst archetype. Evolutionary consciousness. For accessing the deeply transformative forces of the unconscious and embracing the evolutionary tensions and growing pains when enzymes are dissolving former structures, while new capacities and internal systems have not yet fully formed. Inner transformation for developing our future capacities, transitioning from the old to the new states. *The Key of Darkness.*
4. **STAGE 4—Future Embodiment:** Pattern Weaver archetype. Integral consciousness. For developing the integral systems and future patterns from the embodied awareness of our future selves, so we can emerge from the cocoon and be born into the new

world. Developing the integral systems and future patterns from the embodied awareness of our future self. *The Key of Self Awareness*.

5. **STAGE 5—Future Actualization:** New Paradigm Storyteller archetype. Thrivability consciousness. For becoming the living stories of the renaissance that has taken place within us and fertilizing our world with the future potentials that are now actualizing as our new realities of being. Becoming the new story, fertilizing our world with the new realities, communicating abundance, prosperity, and wellness for all life. *The Key of Cosmic Communication*.

KEY INSIGHTS ABOUT THE NATURE OF REALITY

In *The Quest of Rose*, book 1 of the *Future Humans Trilogy*, we shared essential insights from the new paradigm sciences about the nature of reality, consciousness, and our universe. This forms the scientific foundation for the whole trilogy, which we summarized in the introduction of the written version of book 2, *Return of the Avatars*. For narrative purposes, we did not narrate the text below in this audiobook, and have thus included it here for completeness. The full version of the scientific foundation, as published in book 1, can also be read via the [Future Humans Website](#).

These vital new insights are essential for the co-creation of a world that is able to thrive, and for transforming the unsustainable systems, cultures, and mechanisms that are bringing us to the brink of collapse. Below is a brief synthesis of seven of these ground-breaking insights:

1. *The Universe exists and evolves as a single, unified entity, an undividable wholeness*—Life is a unified reality, whereby energy-matter and space-time are complementary informational expressions of consciousness that originate from deeper, implicate, and more subtle nonlocal orders of reality.
2. *Consciousness exists, creates, and evolves as a unified holographic field of life*—This field acts like a womb of life and is sentient, responsive, and communicative.
3. *The Cosmic architecture of the Universe is coded as a Cosmic hologram*—This Cosmic architecture in-forms as well as potentiates the process and evolution of creation through an “alphabet” of digits that fractal out into all levels of existence and interdependent relationships.
4. *The imaginal realm forms part of the Cosmic architecture of life*—The imaginal realm is cosmologically present in all living systems as the space to dream into the higher dream, and the means for evolving, transforming, and growing into our future becoming of higher and more integral orders of consciousness.
5. *Futures exist now as nonlocal information within the imaginal realm of consciousness attracting life to evolve and renew*—The future is enfolded in the present as nonlocal information in the superposition quantum state of simultaneous possibilities, which can be activated imaginally or through the transformative dynamics of present conditions of change.

6. *We can imaginally activate and attract our futures into being*—The imaginal state is essentially a future state of consciousness. We can consciously evolve by imaginally activating and attracting the future potentials of higher orders of reality into the embodied states of our local contexts.
7. *The Cosmic architecture of life is evolutionarily coherent and precisely tuned to actualize the potentials of consciousness*—By architecting with the Cosmic architecture of life, we can co-create evolutionarily coherent systems, cultures, and worlds that enable global consciousness to self-actualize and become self aware in the human experience.

GLOSSARY

Archetype—A common pattern of behavior that reveals the deeper systemic structures, templates, or codes for the way things form, grow, develop, and evolve. An archetype can also be a psychic or cultural pattern that animates the behavior of a person or a collective of people.

Avatar—From the Sanskrit word “avatāra,” which is a concept in Hinduism that refers to the incarnation of divine qualities that descend into human form. In this book we refer to “Avatar” as a quality of our Cosmic self, which acts as a Cosmic interface between the local and nonlocal realities of consciousness.

Complexity—A nonlinear state of connectivity that emerges from the multiple levels of interdependent connections and relationships. Not to be confused with “complicatedness,” which refers to a situation or event that is not easy to understand.

Cosmos—From the Greek word “Kosmos,” which means “ordered whole” and is also used to refer to the Universe as an orderly, harmonious living system.

Cosmic Architecture—The innate holographic structures, codes, and archetypes of information that shape and influence the way our physical universe forms, grows, and evolves [*see also Implicate Order, and Information*].

Cosmic Hologram—Based on emerging research in physics which suggests that the Universe is a Cosmic hologram because it is informationally unified at all levels and scales of existence [*see also Implicate Order, Information, and Holographic Principle*].

Evolution—An emergent process of learning and development from the tiniest pixels to the larger realities of stars, planets, and each of us, which unfolds via increasing embodied complexity and deepening evolutionary coherence [*see also Complexity, and Evolutionary Coherence*].

Evolutionary Coherence—A dynamic state of harmonic resonance and spontaneous collaboration between the diverse elements and relationships of complex living systems. A natural state of attunement to the innate wholeness and unity of life [*see also Evolution*].

Fractal—Infinitely complex patterns that repeat in a self-creative and self-replicating manner through all dimensions of life. We can discover fractals in the ways flower petals grow and open as unfolding spirals, as well as in the growth patterns of trees and weather patterns. The Cosmic architecture of life is fractal [*see also Cosmic Architecture, and Cosmic Hologram*].

Holographic Principle—A principle in physics that suggests how the appearance of our physical universe as a three-dimensional space originates from a two-dimensional holographic surface or boundary that is mathematically (informationally) encoded at the smallest level of physical reality [*see also Cosmic hologram*].

Imaginal—A future creative state of consciousness that extends beyond the “imaginative” and connects us with the transformative powers of the Universe in the way we think, perceive, and respond.

Implicate Order—A term coined by physicist David Bohm to explain how the physical Universe is part of an undivided holographic wholeness of consciousness, and emerges from more fundamental implicate orders or structures of reality that precede space-time [*see also Holographic Principle*].

Information—The primary entity from which physical reality is constructed, and also the building blocks of consciousness. Life is informationally unified, which suggests that both energy-matter and space-time are complementary expressions of information.

Nonlocality—A principle of quantum physics which Albert Einstein referred to as “spooky action at a distance.” Classical physics suggests that physical reality is local, which means that a measurement at one point in space cannot influence what occurs at another point in space, if the distance between the points is large enough. However, quantum physics predicts that physical reality is essentially nonlocal, which means that under certain conditions, a measurement of one particle will correlate instantaneously with the state of another particle, even if the physical distance between the particles is many light-years away. Nonlocality thus

suggests that particles at more fundamental levels of reality are informationally correlated. We also use the concept of nonlocality to refer to unity states of consciousness and our creative partnership with the Universe [*see also Holographic Principle*].

Renaissance—A renaissance is a period of significant rebirth, regeneration, and transformation that is often preceded by periods of collapse and crises.

Superposition State—A quantum realm of potentiality where all possible states simultaneously co-exist prior to being observed.

Thrivability—Our innate ability to develop our capacities and actualize our potentials in ways that are generative, life-affirming, and future creative.

ACKNOWLEDGEMENTS

We are tremendously grateful for the enormous support we've been receiving for the *Future Humans Trilogy* since its launch in July 2021. *Return of the Avatars*, book 2 in this sequel, is again so much more than a book. We experience it as a living wisdom that comes with its own potentials and archetypes for the transition to a new era. We are humbled and grateful for the role we've somehow been entrusted to play in bringing this wisdom forth—now in the form of this audiobook. We, thus, begin our acknowledgments by thanking Gaia, the Cosmos, and consciousness itself for partnering with us in this fascinating co-creation.

Our profound thanks also to all who have walked this path before us—including the brave visionary scientists, rebel misfits, futurists, mystics, magi, storytellers, innovators, and all who stayed true to the higher dream of who we're called to become.

Future Humans communities have been spontaneously forming around the world, initiated by our readers, listeners, and students who are taking this work further in the most incredible ways. Thank you so much to all of you who are catalyzing this movement and demonstrating how awesome it is to live and grow from our future human potential.

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Dr. Anneloes Smitsman, Ph.D., LL.M., is a futurist, evolutionary systems scientist, coach, healer, and award-winning bestselling author. She is the founder and CEO of EARTHwise Centre. Her groundbreaking programs have empowered thousands of people from around the world, and are being implemented by numerous networks and organizations for developing the economic, educational, and governance capacities for regeneration and thriving.



She holds a Master's degree in Law and Judicial Political Sciences from Leiden University, the Netherlands, and received a degree of Doctor from the Maastricht Sustainability Institute, Maastricht University, the Netherlands. Her ground-breaking Ph.D. dissertation, *Into the Heart of Systems Change*, addresses how to diagnose and transform key systemic barriers of our world crisis through its proposed transition plan for a thriving civilization. She was awarded the Visioneers Lifetime Achievement Award in May 2022, and was crowned overall African Winner in the category "Human Development" of the Africa's Most Respected CEOs Awards in July 2022.

Anneloes is the co-author of the award-winning *Future Humans Trilogy* with Dr. Jean Houston, and the co-editor and co-author with Dr. Alexander Laszlo of *The New Paradigm in Politics*, and author of *Love Letters from Mother Earth*, and its narrated version *Messages from Mother Earth* with soundtracks by Alan Howarth. She is also the author of numerous peer-reviewed journal publications, articles, book chapters, and other publications. Anneloes is the lead author of the r3.0 Educational Transformation Blueprint, lead architect of the SEEDS Constitution where she implemented her Cosmic Compass design, and serves as steward for Hypha and SEEDS and the EARTHwise Earth Song project. She is a member of the Evolutionary Leaders Circle of the Source of Synergy Foundation.

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Prof. Dr. Jean Houston, Ph.D. is a world renowned scholar, futurist, award-winning bestselling author, and researcher in human capacities and social change. She is one of the principal founders of the Human Potential Movement and one of the foremost visionary thinkers and doers of our time. She is also a founder of the field of Social Artistry, “Human development in the light of social change,” which has taken her work all over the world.



She has been a key player in the empowerment of women around the world, and was awarded the Synergy Superstar Award 2020 by the Source of Synergy Foundation for her exemplary work inspiring us to source our highest human capacities.

Dr. Houston holds conferences, seminars, and mentoring programs with leaders and change agents worldwide. She has worked intensively in over forty cultures, lectured in over one hundred countries, and worked with major organizations such as UNICEF, UNDP, and NASA, as well as helping global state leaders, leading educational institutions, business organizations, and millions of people to enhance and deepen their own uniqueness.

She is the co-author of the award-winning *Future Humans Trilogy* with Dr. Anneloes Smitsman, and has authored over thirty-six published books, and a great many unpublished books, plays, articles, and manuscripts.

Dr. Houston is Chancellor of Meridian University and has served on the faculties of Hunter College, Marymount College, The New School for Social Research, and the University of California. Dr. Houston was also President of the American Association of Humanistic Psychology, and is the former Chair of the United Palace of Spiritual Arts in New York City.

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ABOUT THE NARRATOR

Ariane Barnes, is a British-Mauritian award-winning performer, narrator and teacher of Advanced Performance and Yoga Psychology. She holds a BA (HONS) in Acting, an MA/QTLS in Performance and she is a certified Advanced Yoga-psychology teacher. As an actor with a foreign language and phonetic dialect specialism, she has been commissioned to work with artists at the Tate Modern Museum and The CAAC in Andalusia. She has worked in west-end theaters, television and radio.



Ariane is also the founder of the Different Women Project Ltd, a non-profit organization and registered social enterprise helping women stand tall and strong through performance, psychology, and diversity as a pathway for inner transformation and leadership.

The Different Women Project provides DEI consultations alongside well-being and artistic community development through her two flagship programmes Diversity Warriors™ Embodied DEI Consultancy, and Warrior Women Like ME™ with a team of all star BIPOC/LGBTQ+ musicians and artist-teachers. Different Women has provided mentorship, events and courses for a wide variety of businesses and organizations including the National Health Service and the Royal Academy of Dramatic Art.

- Connect with Ariane Barnes on [Instagram](#) and on [LinkedIn](#).

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- Book 1—*The Quest of Rose: The Cosmic Keys of Our Future Becoming*.
- Book 2—*Return of the Avatars: The Cosmic Architect Tools of Our Future Becoming*.

Recommended Courses via the Future Humans Website

- [The Catalyst Course](#)—for working with *The Quest of Rose*.
- [The Future Humans Quest](#)—for working with *Return of the Avatars*.

To listen to our interviews with Hazel Henderson and Mariana Bozesan for Chapter 11

- [Our conversation with Hazel Henderson](#).
- [Our conversation with Mariana Bozesan](#).

Other Publications by the Authors

Selected Books by Jean Houston

- *The Wizard of Us: Transformational Lessons from Oz*.
- *The Possible Human: A Course in Enhancing Your Physical, Mental & Creative Abilities*.
- *Mystical Dogs: Animals as Guides to Our Inner Life*.
- *A Mythic Life: Learning to Live Our Greater Story*.
- *Jump Time: Shaping Your Future in a World of Radical Change*.

Selected Books and Publications by Anneloes Smitsman

- *Love Letters from Mother Earth: The Promise of a New Beginning*.
- [Into the Heart of Systems Change](#) (Ph.D. Dissertation).
- *The New Paradigm in Politics* (with Alexander Laszlo).